

Marco Mattiucci

Studying Hwa Rang Do® far from your Master: part 1

(MISSION STATEMENT OF THE WORLD HWA RANG DO® **ASSOCIATION**)

HWA RANG DO®:

A legacy of Loyalty, Relentlessly seeking Truth, Empowering Lives, Serving Humanity.



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Hwa Rang Do

Hwa Rang Do® Instructor Flavio Sciaccaluga – Luxembourg: interview.

Flavio Sciaccaluga, Italian, you live in Luxembourg, your wife is from Hungary, you study and teach Hwa Rang Do® (Korean Traditional Martial Art). How do you live this incredible mixture?

My generation is lucky: I can move almost everywhere in the world, I can meet other different people and cultures and I can choose the reference points of my life.

This dimension of living helps us to develop a great capability to appreciate the diversity and to create synergies among different cultures.

The Hwa Rang Do® is a terrible comprehensive martial art and when you study it you learn, first of all, to understand the differences, then to appreciate them and, last, to use the diversity as a personal tool (no matter the target, winning a fight, a tournament, or

grow as a better person).

The Hwa Rang Do® syllabus includes kicking, punching, weapons, joint locks, takedowns, falling and acrobatic techniques, strategy and philosophy, anatomy, etc. and every student has to be prepared in so many fields. This is useful to:

1) understand our power and weakness;

2) understand the power and weakness of other people; 3) understand that the only way to grow is through teamwork and synergies.

Flavio, you live in Luxembourg, on the other hand your master, Su Suk Sa Bum

"When I was next to my master, my targets in the practice of Hwa Rang Do were staying next to him and learn, help. Today, my targets is following my way as teacher like him, aware of all the problems and responsibilities I have."







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Nim Marco Mattiucci, lives in Italy. What about your martial study?

Our martial art, the Hwa Rang Do®, is perfectly integrated in the real and modern world: our masters activated many online platforms for the long distance study of the art. This is the main way to keep high technical level and standards around the world.

You can think about Hwa Rang Do® study as an advanced university course or master: there are normal weekly based public lessons (face to face with the master) and there are also very intensive courses for black belts. In both the ways you are required to study at home too, to be organized by yourself to constantly review the huge syllabus and better understand the lessons. The online platforms are obviously very useful in this kind of approach.

When I was living in Italy I studied in a normal Hwa Rang Do® class with my master for several years. Then I had to go abroad for work. The fact to be far from my master pushed me to think a lot. It pushed me to grow. The only way for a son to grow is to go far from home, from the family. This experience has improved my sense of responsibility and my capabilities as manager. Always useful when you teach in a martial

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It continues in the next issues...

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